

Free multilingual legal consultations

Tokyo Metropolitan Foundation “TSUNAGARI” offers legal consultations by lawyers for foreign residents living in Tokyo. Consultations are provided in-person or on Zoom. They are by appointment only. Consultations and interpretation are free of charge. Please feel free to receive a consultation about your family, money, status of residence, etc.

Use the service at times like these!



Steps until the consultation

1

Please make an appointment by phone for the consultation time and method.

*When you make an appointment, you will be asked for personal information necessary for the consultation and your desired interpretation language.

2

Consultations will be provided in the designated format on the date.

*If you have any documents or other items for the consultation, please prepare them.



0120-142-142

Hours

Weekdays 10 a.m. – 4 p.m.

(not available on weekends, holidays, and the New Year holiday period)

Eligible people

1. People receiving a legal consultation for the first time
2. People who are registered residents in Tokyo

*Depending on the consultation content, there may be cases in which legal consultation cannot be introduced.

*Consultations and interpretation are available for up to one hour.

*If you would like a consultation using Zoom, please download the Zoom app.